

TRAINING CATALOGUE

CY DOCTORAL AND POST-DOCTORAL COLLEGE

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ABOUT US

One of the main missions of the CY Cergy Paris University Doctoral and Post-Doctoral College is to help doctorate students prepare for their professional careers.

The college has 5 doctoral schools and brings together just over 600 doctoral students, of whom 75 defend their thesis every year. The degree is awarded by CY Cergy Paris University for a 3-year research project at the highest level of scientific expertise and a training programme that complements this initial professional experience*. This training is designed to help doctoral students define their career plans and stir their curiosity in careers they might not have considered.

The practice of research leads to numerous skills: curiosity, conquest of knowledge and interest in unexpected career paths, innovation, knowledge sharing and international collaboration. These are all opportunities to develop interpersonal skills and professional networks.

*PhDs may last longer, especially if they are not conducted full time

The college's training is designed to boost students' professional integration following completion of their doctorate, and the package is completed by discipline-specific training courses as well as events organised throughout the year, such as the «Create and Innovate» seminar, the Doctoriales (Doctoral Seminars), which take place once every two years, My Thesis in 180 Seconds and Bulles de chercheur.e.s (Researcher Bubbles), which are fantastic tools for scientific outreach.

This training offer is refreshed every year and is also open to proposals from doctoral students, who can help to enrich the training on offer, enabling everyone to prepare for their future and build their professional network by creating a partnership or other idea specific to the life of the doctoral community.

The cross-disciplinary training offered is set out in this catalogue, enabling you to tailor your pathway to meet different objectives, depending on your background, career path and life plans. We hope you will have a brilliant academic year, sharing your experiences and meeting new people on our training courses.

The CY Cergy Paris University Doctoral and Post-Doctoral College team



THE DOCTORAL AND POST-DOCTORAL COLLEGE

OUR MISSIONS

CY Cergy Paris University's Doctoral and Post-Doctoral College coordinates the doctoral training of the doctoral schools, and is guided by three objectives:

- Offer doctoral students excellent training, with the guarantee of high-quality supervision
- Strengthen the interdisciplinarity and internationalisation of doctoral training;
- Prepare doctoral students for their future career not only in the academic world but more broadly in the socio-economic world (businesses, local authorities, associations).

OUR STRENGTHS

Our training offer is refreshed every year and covers all skill areas;

- A training programme reevaluated to support any career plan;
- Representation from all professional sectors (academic, business, consultancy);
- Diversified teaching methods to suit different profiles (e-learning, MOOC, hybrid, practical workshops);
- Small groups for a tailored approach;
- Landmark events throughout the year to promote cohesion.

THE DOCTORAL AND POST-DOCTORAL COLLEGE TRAINING UNIT

The CY Doctoral and Post-Doctoral College offers an extensive catalogue of training courses and events to help students build a programme that is tailored to their individual objectives, including:

- Core skills base
- Career development support
- Discipline-specific training
- Cross-disciplinary training
- Events

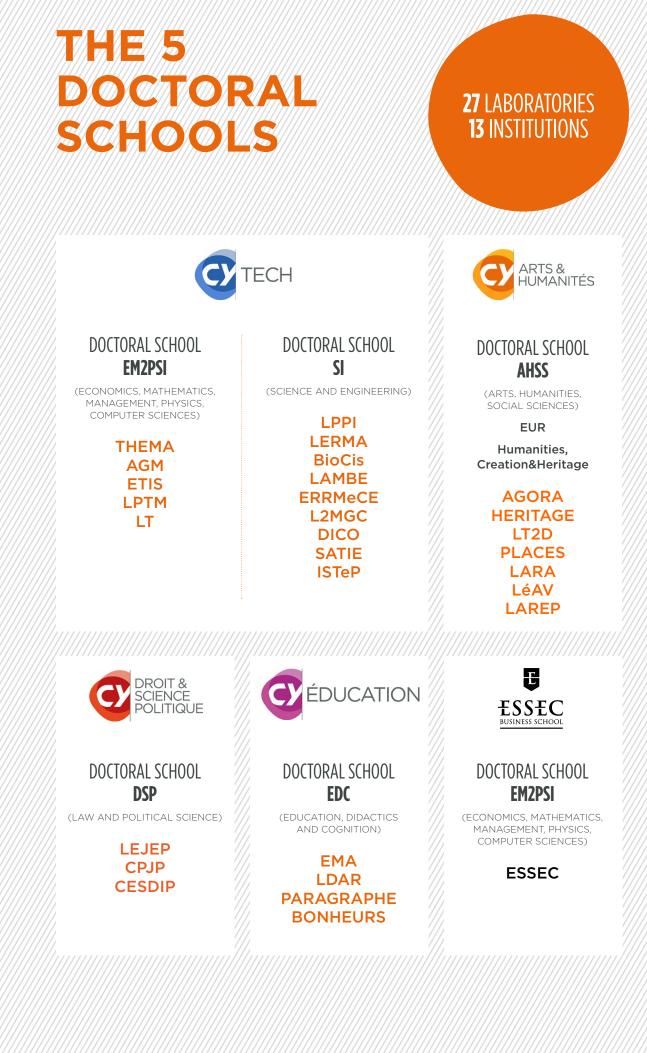
MISSIONS TO SUPPORT RESEARCHERS

Of those graduating in 2016, 92.8% were in employment 3 years after their thesis.

Figures for graduates in work after three years have been fairly stable since 2000 (Générations survey). The 2021 SIES survey suggests that graduates are:

- 50% in academic research
- 20% private sector, non-research
- 15% public sector, non-research
- 15% private sector, research





CROSS-DISCIPLINARY TRAINING FOR DOCTORAL STUDENTS

A training offer based on a national framework and a skillsbased approach.

MAIN OBJECTIVES OF THE DOCTORAL AND POST-DOCTORAL COLLEGE

According to the Ministerial Order of 25 May 2016 establishing the national framework for training and the terms governing the issuing of national doctoral degrees, doctoral training includes personalised scientific supervision of the highest quality, as well as collective training involving courses, seminars or placements **designed to enhance the scientific culture** of doctoral students, **preparation for multiple career pathways** in both the public and private sectors and open up opportunities internationally.

CAREER PLAN SUPPORT AND CAREER DEVELOPMENT

We can help you prepare your career after your thesis by:

- Equipping you with the tools and methods you need,Presenting the reality of employment opportunities for
- doctoral graduates,Providing insight into consulting and expertise
- professions.

This area includes courses that offer a complete support package, from preparation of a career plan to job search tools.

After defending their thesis, candidates must take an oath to **uphold the principles and requirements of scientific integrity,** in accordance with the conditions laid down by order of the Minister for Research. The doctoral certificate mentions the name of the awarding institution and confers on its holder the academic title of doctor. Obtaining a national doctorate degree is recognised as professional research experience, which can be recognised in collective agreements.



The CY Cergy Paris University Doctoral and Post-Doctoral College organises cross-disciplinary doctoral training in order to:

Ensure that all doctoral students receive training in research ethics and scientific integrity; Essential for sustainable and high-quality scientific practice



Raise doctoral students' awareness of the challenges of open science and the dissemination of research work in society in order to strengthen relations between scientists and the general public;

Encourage scientific exchanges between doctoral students and with the scientific community; offer doctoral students training activities that encourage interdisciplinarity and acquisition of a broader scientific culture, including knowledge of the international research framework;

A doctorate, known in many countries by the acronym PhD (Doctor of Philosophy), is a degree with an international dimension that is highly prized in many countries. In addition, the internationalisation of research is a real challenge for all laboratories at CY Cergy Paris University. Doctoral students at CY therefore need to master a 2nd language.

When registering on the **ADUM** personal space, you are asked to make a choice of 2 languages:

- Language 1: mother tongue of your choice if you have more than one
- Language 2: 2nd language of your choice from English, Spanish, Italian or German,
- FLE (French as a Foreign Language)

SCIENTIFIC CULTURE AND INTERNATIONAL FRAMEWORK

For language 2: 2 credits are validated upon presentation of proof that you have achieved a level equal to or higher than B2, otherwise you will have to take additional courses (at least 1 semester) to validate the 2 compulsory credits. If you are not sure what level you are at, you will be given a test to assess your knowledge.

Ensure that each doctoral student receives training in teaching and management;

As a doctoral student, you will have or are likely to have additional responsibilities besides teaching or team management. TEACHING AND NON-TEACHING Assignments

Ensure that all doctoral students are aware of sustainable development issues;

CY is committed to developing this priority area and aims to train 100% of its students on sustainable development issues. For research, the challenges are both scientific and about developing good practice for sustainable research. This subject is addressed in a cross-disciplinary way with all socio-economic partners from the perspective of the career development of doctoral students. A half-day awareness-raising session in January is compulsory for all doctoral students, followed by tests, a EUTOPIA seminar, a CSR workshop and MOOCs for post-doctoral certification.

SUSTAINABLE DEVELOPMENT CORPORATE SOCIAL RESPONSIBILITY THE CITIZEN DOCTOR

CREDIT VALIDATION SYSTEM

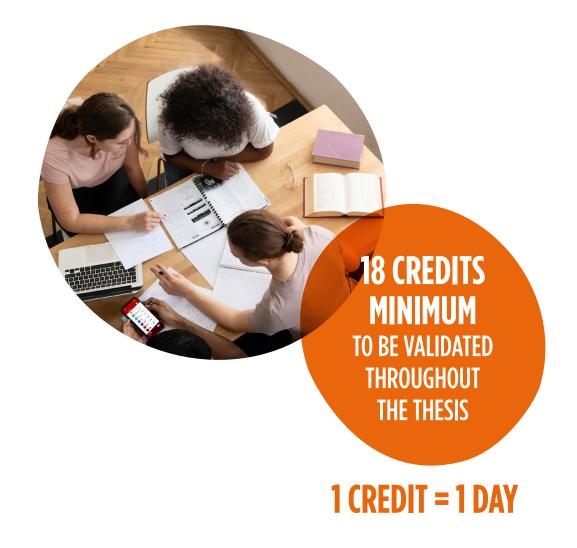
5 COMPULSORY AREAS :

•	Language and international framework	16
•	Career project support	17
	Developing skills in teaching and promoting scientific culture	
•	Ethics and society	19
	Sustainable development and social responsibility	

+ Orientation day, compulsory for PhD students O.D.: 1 credit is awarded for the day

6 NON-COMPULSORY AREAS :

Developing team-management and project-management skills	21
Thesis method and tools	
Culture and scientific knowledge	
Career development	
Well-being and mental health	
• Toolbox	



5 COMPULSORY AREAS	CREDIT REQUIREMENTS
Languages and international framework	You must obtain 2 credits a year , the equivalent of 30 hours a year minimum over the entire duration of your PhD
Career plan support	You must obtain at least <mark>2 credits</mark> over the entire duration of your PhD
Developing skills in teaching and in promoting scientific culture	This area of training is recommended if you want to be a teacher or to develop skills in science outreach and in promoting scientific culture
Ethics and society	You must obtain at least <mark>2 credits</mark> over the entire duration of your PhD
Sustainable development and social responsibility	You must obtain at least 2 credits over the entire duration of your PhD

6 OPEN NON-COMPULSORY AREAS	CREDIT REQUIREMENTS
Developing team- management and project-management skills	This area of training is based on the fundamental doctoral skills required for a PhD. It is strongly recommended, depending on your later career. A minimum number of credits is not required.
Thesis method and tools	We recommend enhancing your academic career by taking courses in this area. They are not compulsory but are strongly recommended to help you in writing your thesis. A minimum number of credits is not required.
Culture and scientific knowledge	The courses in this area are given at doctoral schools. They can be mutualised and are accessible at all doctoral schools. They are not compulsory but are strongly recommended. A minimum number of credits is not required.
Career development	We recommend enhancing your academic career by taking courses in this area. They are not compulsory but are strongly recommended to help you think about your future career. A minimum number of credits is not required.
Well-being and mental health	We recommend enhancing your academic career by taking courses in this area. They are not compulsory but are strongly recommended to support you in developing your PhD. A minimum number of credits is not required.
Toolbox	We recommend enhancing your academic career by taking courses in this area. They are not compulsory but are strongly recommended to support you in exploring new digital tools. A minimum number of credits is not required.

NON-CATALOGUE TRAINING COURSES

EXAMPLES OF POSSIBLE ACTIVITIES

- Symposium, conference, event (in France)
- Learn how to write an article
- Publication of an article in a journal (recognised or peer-reviewed)
- Training / Entrepreneurship
- Engagement (Welcome Day, Open Doors, Lab Management, Doctoral Students' Association)

VALIDATION PROCESS

- You will need to record the activity on your ADUM personal space
 Credits are validated by the Director
- of the Doctoral School
- LANGUAGES OF ACTIVITIES
- French
- English

YOUR ROLE IN THE ACTIVITY

- Are you the Organizer?
- Are you the Auditor?
- Are you a Speaker?
- Or a Trainee?



To earn credits for a symposium -Conference, event, seminar, symposium et al. (in France or symposium et al. (in France, et al. (in France	CAS	INDICATIONS	DÉMARCHES	VALIDATION
In the event Are point of English 2. Specify your role in the event: Are your have grant for the point of the event is contributor or intern? You need to register your activity via your online of the course of adverte thit is not included in that is not included in the tais not included in the tais not included in the transfer scientific course in your area of study that is not included m our catalogue? You need to register your activity via your online the doctoral school. Credits are validated bottoral School You are in a cotutelle doctorate cotutelle doctorate proventy to meet the rules for validated by proventy to meet the rules for validated by adverte the rules for validated by the director of the doctoral school. Credits are validated bottoral School You are in a cotutelle doctorate proventy to meet the rules for validated by the director of the doctoral school. Credits are validated bottoral school. To earn credits for writing or publishing an article in a review panel) You can earn credits for writing or publishing an article or a review panel) You can earn credits for writing or publishing an article or a review panel) You wull earn 17 credits on presentation of your transcript of the director of the Doctoral School. Credits are validated by the director of the Doctoral bottoral School You are a PhD student at ESSEC You wull earn 17 credits on presentation of your transcript of will be given in agreement with your doctorate school director. Please send any document on an activity to the following meal address: formations.doctorales@cyuf The training depanding on the doctoral school director Credits for you wull earn 17 credits,	seminar	symposium, etc. (in France or abroad) • Knowledge of Organisations and Research in France • Scientific or academic residences abroad (except for a joint doctorate) Remember to:	activity via your online account and give the title of the seminar on ADUM in the "outside catalogue" section Then wait for this to be validated by the director of	by the director of the
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Tou are in a cotutelle doctoratebeforehand with the partner university to meet the rules for validation applied on both sides. The general principle is that training taken on either side is recognised by both.activity via your online account and give the title "joint doctorates in the "outside catalogue" section Then wait for this to be validated by the director of the doctoral school.by the director of the Doctoral SchoolTo earn credits for writing or publishing an article in a review panel)You can earn credits for writing or publishing an article or a reviewYou need to register your activity via your online account and give the title "outside catalogue" section The activity via your online account and give the title "outside" or "article upblishing an article in a review panel)You can earn credits for writing or publishing an article or a reviewYou need to register your activity via your online account and give the title "article published" or "article writh or it to be approved by the director of the Doctoral School.Credits are validated by the director of the Doctoral SchoolYou are a PhD student at ESSECYou will earn 17 credits on presentation of your transcript of marks. The remaining credits will be given in agreement with your doctorate school director.Please send any document proving your participation in courses to the following email address: formations.doctorales@cyu.frThe training department will register the equivalent of 17 credits, depending on the document provided and with the agreement of the doccoral school directorYou are a PhD student at ESSECSome voluntary activities will eary you 1 or 2 credits	you have taken part in that is not included in the	For example: have you found a specific scientific course in your area of study that is not included	activity via your online account and give the title of the course on ADUM in the "outside catalogue" section Then wait for this to be validated by the director of	by the director of the
To earn credits for writing or publishing an article in a review (recognised publication or with a review panel)publishing an article or a reviewactivity via you online account and give the title "article published" or "article written" in the "outside catalogue" section Then wait for it to be approved by the director of the Doctoral School.by the director of the Doctoral SchoolYou are a PhD student at ESSECYou will earn 17 credits on presentation of your transcript of marks. The remaining credits will be given in agreement with your doctorate school director.Please send any document proving your participation in courses to the following email address: formations.doctorales@cyufrThe training department will register the equivalent of 17 credits, depending on the doctoral school directorCredits for voluntary activitiesSome voluntary activities will earn you 1 or 2 credits, depending on the content (PhD student representative, charity activities, participation in or organisation of events/seminars for the universityPlease send any document showing you have taken part in an activity to the following email address: formations.doctorales@cyufrThe training department will register the credits corresponding to the activities.		beforehand with the partner university to meet the rules for validation applied on both sides. The general principle is that training taken on either side is	activity via your online account and give the title "joint doctorate» in the "outside catalogue" section Then wait for this to be validated by the director of	by the director of the
Tou are a PhD student at ESSECpresentation of your transcript of marks. The remaining credits will be given in agreement with your doctorate school director.proving your participation in courses to the following email address: formations.doctorales@cyu.frdepartment will register the equivalent of 17 credits, depending on the document provided and with the agreement of the doctoral school directorCredits for voluntary activitiesSome voluntary activities will earn you 1 or 2 credits, depending on the content (PhD student representative, charity activities, participation in or organisation of events/seminars for the universityPlease send any document showing you have taken part in an activity to the following email address: formations.doctorales@cyu.frThe training department will register the credits 	for writing or publishing an article in a review (recognised publication or with a review		activity via your online account and give the title "article published" or "article written" in the "outside catalogue" section Then wait for it to be approved by the director of the Doctoral	by the director of the
Credits for voluntary activitiesearn you 1 or 2 credits, depending on the content (PhD student representative, charity activities, participation in or organisation of events/seminars for the universityshowing you have taken part in an activity to the following email address: formations.doctorales@cyu.frdepartment will register the credits corresponding to the activity and the number of hours.		presentation of your transcript of marks. The remaining credits will be given in agreement with	proving your participation in courses to the following email address:	department will register the equivalent of 17 credits, depending on the document provided and with the agreement of the doctoral school
		earn you 1 or 2 credits, depending on the content (PhD student representative, charity activities, participation in or organisation of events/seminars for the university	showing you have taken part in an activity to the following email address:	department will register the credits corresponding to the activity and the

CREDIT VALIDATION SYSTEM

PREPARING FOR YOUR THESIS DEFENCE

To be able to defend your thesis, you must accrue a minimum of 18 training credits over the course of the thesis (1 credit = 1 day) by choosing your individual training programme from:

- The range of cross-disciplinary training offered by the Doctoral and Post-Doctoral College;
- The range of disciplinary-specific training offered by the doctoral schools;
- Off-catalogue training and/or professional experience.

To build your training programme, it is important to:

- 1. Register for the doctoral students welcome day in the Autumn; this will earn you 1 credit.
- 2. Prioritise training in the 4 compulsory areas
- 3. Identify your future plans, which will lead you to take part in off-catalogue activities/seminars.



All these training actions must fall within the 6 skill blocks listed on the National Directory of Professional Certifications (RNCP) sheet.





THE TRAINING CYCLE DURING YOUR THESIS IN 5 STEPS

TRAINING AGREEMENT

The agreement must be completed when you enrol for the first time. It can be changed where necessary when you re-enrol.

It enables you to define with your thesis director how you will undertake your thesis programme by specifying the conditions under which you will carry out the project, your career plan and the training pathway, and the ways in which your thesis can be commercialised.

This agreement must be completed when you enrol for the first time and can be changed where necessary when you re-enrol.

ADUM ONLINE TRAINING CATALOGUE

For enrolments, satisfaction assessments and credit validation, visit: https://www.adum.fr/script/formationspl?site=CYcergy

ANNUAL TRAINING REPORT REQUESTED FOR THE THESIS MONITORING COMMITTEE

You can edit this report in your ADUM space. It will also be requested at the time of re-enrolment and when the thesis monitoring committee (CST) meets.

TAILORED PORTFOLIO

This comprises a list of all doctoral activities completed over the course of your training, including teaching, dissemination of scientific culture or technological transfer, and highlighting the skills developed during preparation of the doctorate. It must be updated regularly, and is required for the 1st year thesis monitoring committee and for reenrolment the following year. The portfolio can be consulted by human resources departments and businesses with your consent on ADUM (settings to be configured in display management).

THESIS MONITORING COMMITTEE

The role of the thesis monitoring committee (CSI) is to ensure that the programme runs smoothly, based on the charter and the training agreement. In an interview with the doctoral student, the committee assesses the training conditions and the research progress achieved. The committee will outline a series of recommendations and submit a report on the interview to the director of the doctoral school, the student and the thesis director. It will take particular care to prevent or put an end to any form of conflict, discrimination or harassment.

COMPULSORY AREAS

◆ LANGUAGE AND INTER-**NATIONAL FRAMEWORK**

2 credits/year for English only

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS CY Maison des langues CY Maison des langues CY Maison des langues CY Maison des langues CY Maison des langues
Anglais - Interactions in English-Speaking Academia	9h 1.5 credits	Janurary to June Face-to-face & distance-learning	CY Maison des langues CY Maison des langues
Anglais - Oral Presentations in Scientific English	12h 2 credits	January to June Face-to-face & distance-learning	CY Maison des langues
Anglais - Poster's presentation in english	9h 1.5 credits	January to June Face-to-face & distance-learning	CY Maison des langues
Communication scientifique en anglais (A1-A2)	30h 2 credits	January to June Face-to-face & distance-learning	CY Maison des langues
Communication scientifique en anglais (B1-B2)	30h 2 credits	January to June Face-to-face & distance-learning	CY Maison des langues
E-learning : FLE, Anglais, Espagnol, Allemand, Italien (au choix)	30h 2 credits	January to June	Distance learning

CAS PARTICULIERS

You have a B2 level in English OR

You are bilingual OR

You have completed training in a language other than English and you wish to have it validated

DÉMARCHES À SUIVRE

Please provide the training department with proof of a minimum B2 level or a TOEIC score of 782 at the following address: formations.doctorales@cyu.fr



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PROVISIONAL PROGRAMME

CAREER PLAN **SUPPORT**

DIP stands for Dispositif Insertion Professionnelle (Professional Integration Mechanism)

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS
DIP* - Getting a PhD off to a good start, making it a success and preparing the post-thesis period (Group 1, 2 & 3)	3 days/group 2.5 credits	1 st groupe : December, January 2 nd groupe : December, January 3 rd groupe : December, January <i>Face-to-face</i> & distance-learning	Association Bernard Gregory (ABG)
DIP - Module 2: Preparing my career after a PhD (in French)	6 days 2 Credits	March, April Face-to-face & distance-learning	Association Bernard Gregory (ABG)
DIP - Module 2: Preparing my career after a PhD (in English)	1 day 1 credit	May Distance-learning	Association Bernard Gregory (ABG)
DIP - Developing a CV/application letter + Job interview in French	1 day (new) 1 credit	April Distance-learning	Association Bernard Gregory (ABG)
DIP - Developing a CV/application letter + Job interview in English	1 day (new) 1 credit	April Distance-learning	Association Bernard Gregory (ABG)
DIP - Developing your career abroad (English)	1 day 1 credit	April Distance-learning	Association Bernard Gregory (ABG)
DIP - Giving dynamism to your career through professional social media	0.5 day 0.5 credit	April Distance-learning	Association Bernard Gregory (ABG)

CAS PARTICULIERS	DÉMARCHES À SUIVRE
If you are a member of staff and PhD student in SHS: PhD students in human and social sciences (except for economics) having had the equivalent of a full-time job for 1 year can earn 9 credits.	Please send any document showing an equivalent to full-time employment to the following email address: Formations.doctorales@cyu.fr
If you are working on a CIFRE Thesis: you can earn between 2 and 9 credits after approval from the doctoral school director, depending on the time worked in the laboratory and the company.	You need to register your activity via your online account and give the title "CIFRE» on ADUM in the "outside catalogue" section. Then wait for it to be approved by the doctoral school director .

COMPULSORY

AREAS

Minimum 2 credits

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COMPULSORY AREAS

DEVELOPING SKILLS IN TEACHING AND IN PROMOTING SCIENTIFIC CULTURE

Minimum 2 credits

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS Learning Diversification Department SDP Learning Diversification Department SDP
SDP - Staging your lessons with the ABCD learning method To enrol for this module, you must use your CYU email address	3h 0.5 credits	October Distance-learning	Learning Diversification Department SDP
SDP - Assessment To enrol for this module, you must use your CYU email address	3h 0.5 credits	October Distance-learning	Learning Diversification Department SDP
Module 1 - Keys for teaching at university	22h 11 two-hour sessions online 5-7 pm (except sessions 7 & 8) 5.5 credits	January Distance learning	Teaching team : G. Monceau, M. Meziani, S. Souchot-Schiex, A. Nechache
Module 2 - Analysing your beginnings as a university teacher To enrol for this module, you must have already taken module 1	15h 5 half-days Attendance of all 5 sessions is expected 3 credits	March Face-to-face	Teaching team : G. Monceau, M. Meziani, S. Souchot-Schiex, A. Nechache
Module 3 - The body and the voice in teaching situations	12 hrs (two days) 2 credits	March, April Face-to-face	Teaching team : G. Monceau, M. Meziani, S. Souchot-Schiex, A. Nechache
My thesis in 180 seconds (MT180) - preparation for the exam	30h 4 credits	From December to March Face-to-face	Teaching team

PROVISIONAL PROGRAMME

ETHICS AND SOCIETY

Minimum 2 credits

AREAS

COMPULSORY

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS
Course in digital humanities, 1st session: The research environment	4h 0.5 credits	December Hybrid	University Library
Course in digital humanities, 2nd session: Research Ethics and Scientific Integrity	4h 0.5 credits	January Hybrid	University Library
Course in digital humanities, 3rd session: Open science and its issues	4h 0.5 credits	February Hybrid	University Library
Course in digital humanities, 4th session: Researcher Identifiers and Getting started with HAL	4h 0.5 credits	March Hybrid	University Library
Course in digital humanities, 5th session: My research data	4h 0.5 credits	April Hybrid	University Library
Research Ethics and Scientific Integrity	24h 4 credits	12 Dates : 12x2h From march to june Distance learning	Catherine Marchhall Professor at CY Cergy-Paris Université
Research Ethics and Scientific Integrity	6h 1 credit 2h per week for 3 weeks	3 dates : 3x2h June Distance learning	Catherine Marchhall Professor at CY Cergy-Paris Université
MOOC - Scientific integrity in research work	16h 2.5 credits	From September Distance learning	FUN MOOC
MOOC - Research ethics	15h 2 credits	From September Distance learning	FUN MOOC

COMPULSORY AREAS

SUSTAINABLE DEVELOPMENT AND CORPORATE SOCIAL RESPONSABILITY



COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS
MOOC Fundamentals on REDD+	12h 2 credits	To be announced later	МуМоос
Raising awareness about the ecological and social transition Workshop and round-table	6h30 1 credit	2 days scheduled in February and May Dates to be announced later	Sciencis Foundation & Labo 1.5

PROVISIONAL PROGRAMME

AREAS WHICH ARE RECOMMENDED BUT NOT COMPULSORY

DEVELOPING TEAM-MANAGEMENTAND PROJECT-MANAGEMENT SKILLS

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS	The information contained in this document is subject to change. ADUM platform recularly or the online catalogue on the @cvu website.
Introducing and developing management skills	21h 3 credits	April Distance-learning	ADOC Talent Management	n contained in this do larly or the online cat
Managing your PhD project	1.5 days 1.5 credits	February, May Distance learning	ADOC Talent Management	The information
Academic research management	21h 3 credits	April Distance learning	ADOC Talent Management	Please consult the



AREAS WHICH ARE RECOMMENDED **BUT NOT** COMPULSORY

THESIS METHODOLOGY AND TOOLS

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS	document is subject to change.
Developing a scientific writing method	14h 2 credits	March, april Distance learning	Adoc Talent Management	
Zotéro (module 1, 2)	Depending on module taken	From November	University Library	The information contained in this
MOOC Reproducible research: methodological principles for transparent science	24h 4 credits	March to December Distance learning	FUN MOOC	The in The in The ADLIM Lift

TRAINING **PROVIDED BY** DOCTORAL **SCHOOLS**

AREAS WHICH ARE RECOMMENDED **BUT NOT** COMPULSORY

CULTURE AND SCIENTIFIC **KNOWLEDGE**







THESE TRAINING ACTIVITIES ARE IN THE CATALOGUE

Enrolment and validation of the number of credits is carried out by the training unit on receipt of the attendance sheet: formations.doctorales@cyu.fr



REMEMBER TO COMPLETE THE ONLINE QUESTIONNAIRE

The questionnaire is sent to you at the end of each training activity. We will indicate the credits once this guestionnaire has been returned.





AREAS WHICH ARE RECOMMENDED BUT NOT COMPULSORY

CAREER DEVELOPMENT

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS
Introducing and accessing the R&D professions	1 day 1 credits	February Distance learning	ADOC Talent Management
Introducing and accessing the academic professions	1.5 day 1 credit	March Distance learning	ADOC Talent Management
Working in NGO & International Institution sector after your PhD	2 days 2 credits	February Distance learning	Victor Mamou PhD, independent consultant
Working as a consultant after a PhD	3 days 3 credits	March Distance learning	Victor Mamou PhD, independent consultant
Working in NGO & International Institution sector after your PhD	2 days 2 credits	June Distance learning	Victor Mamou PhD, independent consultant
MOOC - PhD and career development	24h 3 credits	From January Distance learning	Association PhDOOC
PhD Student 2.0: social networks and digital platforms	3h 0.5 credits	January Distance learning	Julien Longhi, professor in language sciences at CY, director of IDHN

Meet us at the **Phd Talent career Fair :**



24 CY DOCTORAL AND POST-DOCTORAL CO



PROVISIONAL PROGRAMME

AREAS WHICH ARE RECOMMENDED BUT NOT COMPULSORY

WELL-BEING AND MENTALHEALTH

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS
Coping with stress during the PhD	1 day 1 credit	April Distance-learning	ADOC Talent Management
<i>Live better together</i> Fresque de la diversité (Diversity fresco)	3 days 3 credits	From January	University service



AREAS WHICH ARE RECOMMENDED BUT NOT COMPULSORY

TOOLBOX

COURSE TITLE	DURATION AND VALIDATED CREDITS	PROVISIONAL TIME OF YEAR	PARTICIPANTS
CANVA	2h	1 or 2 dates	Members of the
	0.5 credits	per semester	University Library
MOODLE basics	3h	Several dates	Learning Diversification
	0.5 credits	from 22 October	Department - SDP
Making presentations	3h	14/01	Learning Diversification
interactive with Wooclap	0.5 credits		Department - SDP



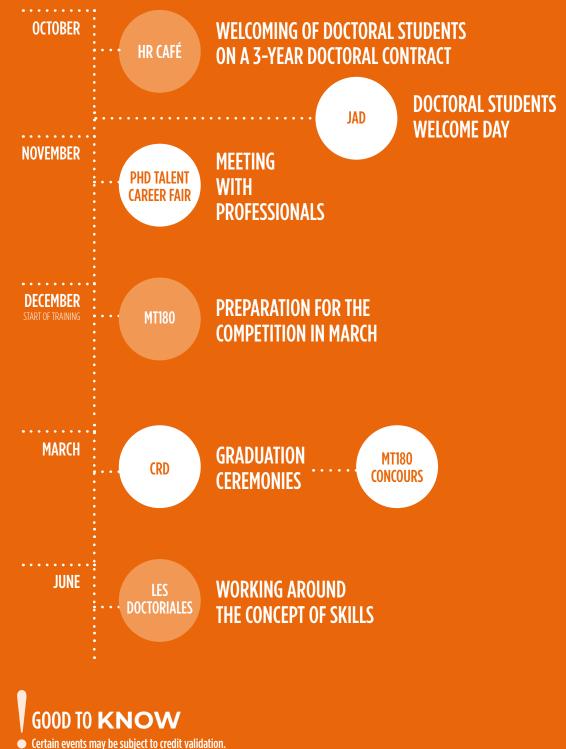
SDP TRAINING PLAN:



1 Use your CYU email address

- ${\bf 2}\,$ Set up an account via RISE UP on the training plan
- **3** You can access all included courses
 - **4** Sign up for any course!





If you need to contact the doctoral and post-doctoral college training unit, email us at the following address: formations.doctorales@cyu.fr You can register via your personal space on ADUM.

POSSIBLE CAREER PATHS BY PROFESSION

To tailor your training to the career you aspire to, we recommend that you follow the suggested training below:



TEACHING

- Module 1 Supporting new teachers in higher education
- Module 2 Analysing your practice as a new university lecturer
- Module 3 Body and voice in teaching situations
- SDP Scénariser vos cours avec la méthode ABCD learning
- SDP Évaluer



RESEARCH **AND DEVELOPMENT**

- · SHS graduates: commercialising your expertise outside the academic sector
- Residential seminar: Les Doctoriales (doctoral seminars)
- Discovering the **fundamentals** of management
- R&D jobs in business
- Discovering and accessing academic research





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Entreprendre vpépite
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DETAILED PROGRAMMES FOR CERTAIN **INTERDISCIPLINARY** TRAINING ACTIVITIES





Online enrolment :

www.adum.fr/script/formations.pl?site=CYcergy

ntained in this document is subject to chang Please consult the **ADUM** platform regula or the online catalogue on the @cyu websi



Notes



Notes



CONTACTS

TRAINING UNIT

formations.doctorales@cyu.fr https://collegedoct.cyu.fr



SITE DES CHÊNES 33 boulevard du Port 95000 Cergy

SITE DE SAINT-MARTIN

2 avenue Adolphe Chauvin 95300 Pontoise

SITE DE NEUVILLE-SUR-OISE 5 mail Gay Lussac 95000 Neuville-sur-Oise

SITE DE GENNEVILLIERS

ZAC des Barbanniers Avenue Marcel Paul 92230 Gennevilliers

TO CONTACT THE 5 DOCTORAL SCHOOLS

- AHSS DOCTORAL SCHOOLS (ARTS, HUMANITIES, SOCIAL SCIENCES) Director : Valérie TOUREILLE Administrative officer : Bogart GUSTAVE edahss@ml.u-cergy.fr
- DSP DOCTORAL SCHOOLS (LAW AND POLITICAL SCIENCE) Director : Céline ROYNIER Administrative officer : Bogart GUSTAVE eddsp@ml.u-cergy.fr
- EDC DOCTORAL SCHOOLS (EDUCATION, DIDACTICS AND COGNITION) Director : Emmanuel ROLLINDE DE BEAUMONT Administrative officer : Sigolène COUCHOT-SCHIEX ededc@ml.u-cergy.fr
- EM2PSI DOCTORAL SCHOOLS (ECONOMICS, MATHEMATICS, MANAGEMENT, PHYSICS, COMPUTER SCIENCE) Director : Laurence JACQUET Administrative officer : Lalia SY edem2psi@ml.u-cergy.fr
- SI DOCTORAL SCHOOLS (SCIENCE AND ENGINEERING) Director : Nicolas WILKIE-CHANCELLIER Administrative officer : Félicia BERNABE CIBAJA edsi@ml.u-cergy.fr

PARTNERS

The doctoral college is part of a special collaborative network with the socioeconomic world in the region through partnerships with the Communauté d'Agglomérations de Cergy-Pontoise and CY Entreprendre.

TO FIND OUT MORE ABOUT THE DOCTORATE

https://cjc.jeunes-chercheurs.org/doctorat-a-la-loupe/ https://spartacus-idh.com/076.html https://hal.science/hal-03494721 https://hal.science/hal-0430889 Study on mental health during a doctorate

NATIONAL STAKEHOLDERS TO PROMOTE THE DOCTORATE

https://www.rncdfrance.fr/ https://andes.asso.fr/ https://www.abg.asso.fr/fr/ https://www.phdtalent.fr/?gclid=CjwKCAjw5p_8BRBUEiwAPpJ067b_NWzRbAS7b0K_ORGaeZorAwLvIHivolbQ2 DqA4Ygtqv_Mv-SONhoC6bQQAvD_BwE https://okaydoc.fr/

SOME LIGHT-HEARTED HUMOUR

http://www.phdelirium.com/ https://phdcomics.com/

CY Cergy Paris University

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www.cyu.fr





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